The Complete Household Chore List

301 chores, room by room, with how often each one needs doing. Tick them off, share them out.

How often: **D** Daily **W** Weekly **M** Monthly **S** Every few months **Y** Yearly

Kitchen 43 chores

- [ ] D Wash dishes or load the dishwasher
- [ ] D Hand-wash pots, pans and knives
- [ ] D Wipe the stovetop
- [ ] D Sweep the kitchen floor
- [ ] D Help prepare meals (wash produce, measure, stir)
- [ ] D Put away leftovers
- [ ] D Empty the compost caddy
- [ ] D Hang up or replace dish towels
- [ ] W Wipe appliance fronts and handles
- [ ] W Wipe the small appliances (toaster, kettle, coffee maker)
- [ ] W Wipe fridge shelves and spills
- [ ] W Replace sponges and dishcloths
- [ ] W Wash the kitchen rug or mat
- [ ] M Descale the kettle and coffee maker
- [ ] M Run a dishwasher cleaning cycle
- [ ] M Degrease the range hood and filter
- [ ] M Wipe down the kitchen backsplash
- [ ] S Wipe inside the cabinets and drawers
- [ ] S Defrost and clean out the freezer
- [ ] S Sharpen kitchen knives
- [ ] Y Vacuum the fridge coils
- [ ] Y Declutter rarely used gadgets and dishes
- [ ] D Unload the dishwasher and put dishes away
- [ ] D Wipe kitchen counters
- [ ] D Scrub and rinse the kitchen sink
- [ ] D Cook meals
- [ ] D Pack lunches
- [ ] D Take out the kitchen trash
- [ ] D Rinse and sort recycling
- [ ] W Mop the kitchen floor
- [ ] W Clean the microwave inside and out
- [ ] W Throw out expired food from the fridge
- [ ] W Wash the trash and recycling bins
- [ ] W Wipe cabinet fronts and drawer pulls
- [ ] M Clean the oven
- [ ] M Clean the dishwasher filter
- [ ] M Clean the garbage disposal
- [ ] M Clean the toaster crumb tray
- [ ] M Organize the pantry
- [ ] S Deep clean the fridge (shelves, drawers, seals)
- [ ] S Sort and refresh the spice rack
- [ ] S Clean the light fixtures and top of the cabinets
- [ ] Y Clean behind and under the fridge and stove

Bathroom 23 chores

- [ ] D Wipe the sink and faucet
- [ ] D Squeegee the shower glass after use
- [ ] W Clean the toilet bowl, seat and base
- [ ] W Clean the bathroom mirror
- [ ] W Mop the bathroom floor
- [ ] W Wash towels, washcloths and bath mats
- [ ] W Clean toothbrush holders and soap dishes
- [ ] M Clean the grout
- [ ] M Wipe light switches, door handles and the toilet handle
- [ ] M Wash the toilet brush and holder
- [ ] S Declutter the medicine cabinet and toss expired items
- [ ] Y Re-caulk the tub or shower if it's cracked
- [ ] D Hang up towels and bath mats
- [ ] D Put away toiletries and hair tools
- [ ] W Scrub the shower and bathtub
- [ ] W Wipe counters and cabinet fronts
- [ ] W Empty the bathroom trash
- [ ] W Refill soap and restock toilet paper
- [ ] M Wash the shower curtain and liner
- [ ] M Descale shower heads and faucets
- [ ] M Clear hair from drains
- [ ] S Clean the exhaust fan cover
- [ ] Y Replace the shower curtain liner

Bedroom 19 chores

- [ ] D Make the bed
- [ ] D Put away clean clothes
- [ ] D Open curtains and air the room
- [ ] W Dust furniture and surfaces
- [ ] W Empty the bedroom trash
- [ ] M Wash blankets and throws
- [ ] D Put dirty clothes in the hamper
- [ ] D Clear the nightstand of cups and clutter
- [ ] W Change the sheets and pillowcases
- [ ] W Vacuum the floor and under the bed
- [ ] W Tidy dresser tops and drawers
- [ ] M Wash the mattress protector

- [ ] S Vacuum the mattress
- [ ] S Wash pillows and the duvet
- [ ] S Swap out seasonal clothes
- [ ] S Wash or vacuum curtains
- [ ] S Flip or rotate the mattress
- [ ] S Wipe baseboards and door frames
- [ ] S Declutter the closet and donate clothes

Kids' rooms and playroom 14 chores

- [ ] D Put toys back in bins
- [ ] D Pack the school bag for tomorrow
- [ ] D Clear the desk or homework area
- [ ] W Sanitize frequently used toys
- [ ] M Sort art supplies and toss dried-out markers
- [ ] S Wash stuffed animals
- [ ] S Clear out outgrown clothes and shoes
- [ ] D Put books back on the shelf
- [ ] D Lay out clothes for the morning
- [ ] W Wipe down tables and play surfaces
- [ ] W Clean out the school bag and lunch box
- [ ] M Check games and puzzles for missing pieces
- [ ] S Rotate toys in and out of storage
- [ ] S Declutter and donate toys

Living room and family room 17 chores

- [ ] D Tidy up and put things back where they belong
- [ ] D Clear cups, plates and snack wrappers
- [ ] W Vacuum carpets and rugs
- [ ] W Wipe the TV screen and remote controls
- [ ] W Sort magazines, mail and paperwork
- [ ] M Wipe light switches and door handles
- [ ] S Clean the fireplace or wood stove
- [ ] S Move furniture and vacuum underneath
- [ ] Y Shampoo carpets and rugs
- [ ] D Fluff and straighten cushions and throws
- [ ] W Dust surfaces and shelves
- [ ] W Vacuum the sofa and under the cushions
- [ ] W Water houseplants
- [ ] M Dust lampshades, picture frames and decor
- [ ] M Dust ceiling fans and light fixtures
- [ ] S Wash cushion covers and throw blankets
- [ ] Y Clean upholstery

Dining room 10 chores

- [ ] D Set the table
- [ ] D Wipe the table and chairs
- [ ] W Wash placemats and napkins
- [ ] M Polish the table
- [ ] S Dust the sideboard, display cabinet and china
- [ ] D Clear the table after meals
- [ ] D Sweep or vacuum crumbs under the table
- [ ] W Wash the tablecloth
- [ ] M Wipe chair legs and rungs
- [ ] Y Polish silverware

Entryway, hallways and stairs 12 chores

- [ ] D Put shoes on the rack
- [ ] D Bring in mail and packages
- [ ] W Vacuum the stairs
- [ ] W Wipe the banisters and handrails
- [ ] M Clean the inside of the front door and glass
- [ ] S Swap seasonal coats, hats and gloves
- [ ] D Hang up coats, bags and backpacks
- [ ] W Sweep or vacuum the entryway
- [ ] W Shake out or wash the doormat
- [ ] W Mop hallway floors
- [ ] S Sort the coat closet and shoe pile
- [ ] S Wipe scuffs and fingerprints off walls

Laundry 16 chores

- [ ] D Clean the dryer lint trap
- [ ] W Wash laundry
- [ ] W Fold clean laundry
- [ ] W Put clean laundry away
- [ ] W Treat stains before washing
- [ ] W Hand-wash delicates
- [ ] M Clean the washer door seal and detergent drawer
- [ ] S Organize the linen closet
- [ ] W Sort dirty laundry by color and fabric
- [ ] W Move clothes to the dryer or hang them to dry
- [ ] W Match socks
- [ ] W Iron or steam clothes
- [ ] W Wipe the washer and dryer tops
- [ ] M Run a washing machine cleaning cycle
- [ ] M Mend clothes and sew on buttons
- [ ] Y Clean the dryer vent duct

Home office 9 chores

- [ ] D Clear the desk at the end of the day
- [ ] W Empty the office trash and shred papers
- [ ] W Wipe the desk, keyboard and mouse
- [ ] W File or scan paperwork

- [ ] W Dust shelves and screens
- [ ] M Back up computers and phones
- [ ] Y Clear out old files and documents
- [ ] M Restock printer paper, ink and supplies
- [ ] S Untangle and tidy cables

Whole house 18 chores

- [ ] D Do a 10-minute whole-house tidy
- [ ] W Vacuum all floors
- [ ] W Dust all rooms
- [ ] W Wipe light switches, doorknobs and handles
- [ ] M Wipe window sills and tracks
- [ ] S Wipe baseboards
- [ ] S Wipe walls and doors
- [ ] S Wash windows inside and out
- [ ] Y Wash or replace curtains
- [ ] D Sweep or vacuum high-traffic floors
- [ ] W Mop all hard floors
- [ ] W Empty all trash cans
- [ ] M Clean interior windows and glass doors
- [ ] M Dust or wipe blinds and shutters
- [ ] S Dust vents and air returns
- [ ] S Clean cobwebs from ceilings and corners
- [ ] Y Deep clean carpets
- [ ] Y Declutter each room and donate what you don't use

Garage, basement and attic 11 chores

- [ ] W Take the trash and recycling bins to the curb
- [ ] W Put tools and sports gear back in place
- [ ] S Check for leaks, damp and pests
- [ ] S Organize shelves and storage bins
- [ ] Y Declutter the garage
- [ ] Y Clean and oil tools
- [ ] W Bring the empty bins back in
- [ ] M Sweep the garage floor
- [ ] S Take recycling, batteries and e-waste to the drop-off
- [ ] S Clean and store seasonal gear (bikes, sleds, pool toys)
- [ ] Y Declutter the basement and attic

Yard and garden 20 chores

- [ ] D Water the garden and pots
- [ ] W Pull weeds
- [ ] W Sweep paths, steps and the driveway
- [ ] W Harvest vegetables and herbs
- [ ] M Turn the compost pile
- [ ] S Rake leaves
- [ ] S Plant flowers, bulbs and vegetables
- [ ] S Shovel snow and salt the paths
- [ ] Y Clean and store garden tools
- [ ] Y Prune trees
- [ ] W Mow the lawn
- [ ] W Pick up litter and fallen sticks
- [ ] W Deadhead flowers
- [ ] M Trim lawn edges
- [ ] S Fertilize the lawn and plants
- [ ] S Prune shrubs and hedges
- [ ] S Add mulch to flower beds
- [ ] S Clean the gutters
- [ ] Y Service the lawn mower
- [ ] Y Aerate and reseed the lawn

Patio, deck and outdoor living 12 chores

- [ ] W Sweep the patio, deck or porch
- [ ] W Bring in or cover cushions before rain
- [ ] W Skim and check the pool or hot tub
- [ ] S Wash the outdoor furniture and cushions
- [ ] S Wash the porch and front door
- [ ] Y Reseal or stain the deck
- [ ] W Wipe down outdoor furniture
- [ ] W Clean the grill grates
- [ ] S Clean outside windows and glass doors
- [ ] S Deep clean the grill
- [ ] Y Pressure wash the deck, patio and driveway
- [ ] Y Store outdoor furniture for winter

Car 12 chores

- [ ] W Clear trash and clutter from the car
- [ ] M Vacuum the car seats, floor and mats
- [ ] M Check tire pressure
- [ ] S Clean car seats and booster seats
- [ ] S Wax the car
- [ ] Y Renew registration and insurance
- [ ] M Wash the outside of the car
- [ ] M Wipe the dashboard and inside of the windows
- [ ] M Top up washer fluid
- [ ] S Book an oil change or service
- [ ] Y Restock the car emergency kit
- [ ] Y Swap winter and summer tires

Pets 18 chores

- [ ] D Feed pets
- [ ] D Refresh water bowls

- [ ] D Walk the dog
- [ ] D Play with and exercise pets
- [ ] D Pick up dog waste in the yard
- [ ] W Clean the cage, tank or hutch
- [ ] W Vacuum pet hair from furniture
- [ ] M Wash pet toys
- [ ] M Bathe pets
- [ ] M Restock pet food and supplies
- [ ] D Scoop the litter box
- [ ] D Wash food and water bowls
- [ ] W Brush pets
- [ ] W Wash pet bedding
- [ ] W Fully change the litter and wash the box
- [ ] M Give flea, tick and worming treatments
- [ ] M Trim pet nails
- [ ] Y Book vet checkups and vaccinations

Household admin and errands 21 chores

- [ ] D Sort the mail
- [ ] W Plan meals for the week
- [ ] W Go grocery shopping
- [ ] W Prep ingredients and batch cook
- [ ] W Return library books and packages
- [ ] M Pay bills
- [ ] M Restock household supplies (cleaning products, toiletries)
- [ ] S Book appointments (doctor, dentist, haircuts)
- [ ] Y Update the emergency contacts list
- [ ] Y Review insurance policies
- [ ] Y Organize important documents
- [ ] D Check the family calendar
- [ ] W Write the grocery list
- [ ] W Put groceries away
- [ ] W Sign school forms and reply to messages
- [ ] W Run errands (pharmacy, post office, dry cleaning)
- [ ] M Review the budget and bank statements
- [ ] M Buy and wrap birthday gifts and cards
- [ ] S Review subscriptions and memberships
- [ ] Y Do taxes
- [ ] Y Renew passports, licenses and IDs

Home maintenance and safety 17 chores

- [ ] M Replace burned-out light bulbs
- [ ] M Check for leaks under sinks
- [ ] M Clean the humidifier or dehumidifier
- [ ] S Check fire extinguishers
- [ ] S Tighten loose handles, hinges and screws
- [ ] Y Flush the water heater
- [ ] Y Clean the chimney
- [ ] Y Touch up paint and fill wall holes
- [ ] Y Review the family fire escape plan
- [ ] M Test smoke and carbon monoxide alarms
- [ ] M Flush drains with hot water
- [ ] S Replace HVAC and air purifier filters
- [ ] S Replace water filters
- [ ] Y Replace smoke alarm batteries
- [ ] Y Service the furnace, boiler or AC
- [ ] Y Inspect the roof, gutters and downspouts
- [ ] Y Check window and door seals for drafts

Personal routines 9 chores

- [ ] D Brush teeth morning and night
- [ ] D Brush hair
- [ ] D Shower or bathe
- [ ] W Pack sports and activity bags
- [ ] W Trim fingernails and toenails
- [ ] D Get dressed
- [ ] D Wash hands before meals
- [ ] D Do homework and reading
- [ ] W Clean shoes and sports gear